GETTING STARTED

**Gender** seems to be a confusing topic for many. Let's make it simpler!

***What is Gender?*** Gender is nothing but a social identity that includes a range of characteristics such as gender identity, gender expression, and gender roles.

Let's understand some *basic terms pertaining to Gender* :

1) *Gender identity*: Internal sense of being a gender, regardless of sex, gender expression, or gender role.

2) *Assigned gender at birth (AGAB)*: Gender assigned by society when someone is born.

3) *Gender binary* : Model of gender that classifies people into two separate groups: men and women.

4) *Neopronoun* : Non-normative pronoun. Examples: e/em, xe/xem.

5) *Gender role*: Socially-defined category to definine how different people must behave.

6) *Transition* : Process that some people go through in order to achieve their desired social role or physicality.

7) *Gender expression*: How someone intentionally expresses their gender.\

Though modern societies are binary, i.e. men and women are the two traditional genders , not everyone conforms to this construct.

We need to understand that *non-binary people* also exist in a society. A nonbinary person is someone who does not exclusively or permanently identify with one of the two traditional genders.

Some gender identities are mentioned below:

***Agender*** : Having no gender identity, or a neutral gender identity.

***Androgyne*** : Being between man and woman, or being a mix of the two.

***Cisgender*** : Having a gender identity that conforms to their AGAB.

***Demigender*** : Having a partial connection to a certain gender.

***Enby*** : Short version of nonbinary, alternative to boy and girl.

***Genderfluid*** : Having a gender identity that changes over time.

***Genderqueer*** : Non-normative gender identity or expression.

***Nonbinary*** : Not fitting the gender binary.

***Transgender*** : Having a gender identity that does not conform to one’s AGAB.